

24/7 Behavioral Health Urgent Care

CRISIS SERVICES & SUPPORT THE GUIDANCE CENTER

I THINK I MAY BE IN A MENTAL HEALTH CRISIS: HOW DOES 24/7 URGENT CARE WORK?

Our urgent care for behavioral health is exactly what it sounds like, a place you can walk into any time, day or night, if you're experiencing a mental health crisis. You don't need an appointment or referral. Our crisis therapist are trained to assess your situation, stabilize immediate concerns, and connect you with ongoing care. This service helps people avoid unnecessary emergency room visits and ensures they get help from professionals who understand mental health emergencies. It's not just about addressing the crisis in the moment; it's about creating a bridge to longer-term support.

WHY IS IT SO IMPORTANT TO HAVE BEHAVIORAL HEALTH CARE AVAILABLE 24/7?

Behavioral Health crisis such as mental health and/or addiction issues don't keep business hours. People often struggle most late at night or during weekends when other services are closed. By being available 24/7, we remove that barrier to help. The sooner someone can speak to a professional, the sooner they can feel safe and start taking steps toward recovery.



WHAT HELP WILL I RECEIVE AT 24/7 URGENT CARE?

With this rapid crisis response service, many resources are available to you. Medication will be initiated if needed. You will be connected with follow-up mental health care and/or substance use treatment. This program is for admissions less than 24 hours. Clients must be 18 or older.



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