

Small Group Guide



Ice Breaker

Share about a time when you received unexpected good news after experiencing something disappointing. How did it change your perspective?

Key Takeaways

1. **Bad news often carries more weight than good news** - We tend to remember and dwell on negative experiences more than positive ones.
2. **Belief in death comes easier than belief in life** - Even Jesus' closest followers struggled to believe He had risen, despite clear evidence and prior warnings.
3. **We need constant reminders of what is true** - The disciples needed angels, an empty tomb, and Jesus Himself to remember His promises.
4. **Christ's resurrection changes our ending** - No matter what we're facing in the middle of our story, victory belongs to Jesus.

Discussion Questions

1. Why do you think the women prepared spices for Jesus' body when He had told them He would rise again? What does this reveal about human nature?
2. What does it say about Jesus' patience and love that He appeared multiple times in different ways to help people believe?
3. Jeff mentioned it took "two angels lit up like lightning" for the women to remember Jesus' words. What "lightning moments" have helped you remember God's promises?
4. The sermon asks: "Is it easier to believe in death or life?" How would you honestly answer this question about your current season?
5. In which area of your life right now is it hardest to believe that "your story ends in praise and life and joy"?

- Career/finances
- Relationships
- Health
- Dreams and goals
- Other: _____

6. Share about a time when you experienced something difficult but later saw how God brought good from it. How does remembering that help you trust Him now?
7. The disciples had witnessed Jesus' miracles, yet still struggled to believe in His resurrection. What "miracles" or evidence of God's faithfulness have you witnessed, yet still struggle to trust Him in new situations?
8. Jeff said, "This is why we need this moment and every Sunday when we gather to remind ourselves of what is true." How does gathering with other believers help combat our tendency to believe in death rather than life?
9. Read Romans 8:28 and Romans 8:37-39. How do these verses connect to the message that "victory belongs to Jesus"?
10. What specific promise from Scripture do you need to "remember" this week, like the women at the tomb needed to remember Jesus' words?
11. Who in your life might be finding it "easier to believe in death than life" right now? How can you help them see the truth of the resurrection?