

Grace Weekly Email Update

9-23-2026

Message from JD Cunny (Associate Pastor)



Our Mental Health Team invites all interested parents to join us for **"Hurting Teens" this Sunday, September 27 at noon in the Activity Center** for a luncheon and important conversation about adolescent mental health.

Parenting a teenager can bring unique challenges, especially when a young person is struggling emotionally or mentally. During this discussion, we will look at ways parents can better recognize warning signs, respond with compassion, and know when additional support may be needed.

From a Christian perspective, we will also explore how faith, prayer, compassionate presence, and professional care can work together to bring hope, wisdom, and practical support to teens and their families. We want parents to leave feeling more informed, more prepared, and better equipped to walk alongside their teenagers during difficult seasons.

Cooler temperatures are in the air, which means fall is just around the corner—and so is **Trunk or Treat!** Trunk or Treat is one of the biggest neighborhood and community events we host each year at Grace. It gives us a wonderful opportunity to welcome families from our community, many of whom may be visiting Grace for the very first time. We want to make it a fun, safe, and welcoming evening for everyone who joins us.

There are several ways you can help make the night a success! We are collecting **individually wrapped candy**, and donations can be dropped off at the church. We also need families and individuals who would like to **decorate a trunk and participate in the event**. Whether you provide a trunk, donate candy, or simply help us welcome our neighbors, you can be part of making this a special evening for our community.

If you would like to host a trunk or have any questions, please contact **Sarah Reykers** at sarah@gracefs.com.

God Bless,

JD



Grace Families

Ken McClain
Rusty Jones
Milo Moore, newborn
Cindy Hughes
Brandon & Jackie Morrison

***Full
prayer
request
listing
on
last
page.***

WORSHIP SERVICE — September 27 & 28

Traditional (8:30am Sunday)

Hymns: Open My Eyes That I May See; My Hope Is Built

Modern (9:30 & 11am Sunday, 6pm Monday)

Songs: The Blood; Who Else; Move Your Heart

Live Stream @ 9:30am Sunday: [Facebook](#) & [YouTube](#)

Past Sermons/Materials: Click [HERE](#).

Holy Communion Celebrated at all services.

KIDS MINISTRY

Jr. Kids: Infants—PreK
Kids Church K-5th Grade

Contact: [Jessica Cochenour](#)

Contact: [Sarah Reykers](#)



Launch-The Starting Point
Kids 1st-5th Grades

Wednesday Nights, 6-7:30pm

Includes dinner, games and a deeper dive into the Bible.



Trunk or Treat Time!!!!

Sunday, October 25, 4-6pm

Trunk or treat is two months away!

[Sign up now](#) to host a trunk or game at our annual community wide event!
CANDY DONATIONS BEGIN NOW!

DASH & FM

(6-8th grades)

(9-12th grades)

Contact [Dana](#) for DASH and FM

Dash/FM page on Grace website—Click [HERE](#)



Wednesday Evening Youth, 6-7:30pm, StuMin

We have dinner, games, worship, biblical lessons, and small groups. Small groups are split by grade level and male/female. Kids are encouraged to bring a friend.

Grace Tshirts, Sweatshirts COMING !

Youth will be selling t-shirts and sweatshirts, with proceeds going toward Youth Summer Camp 2027. Items will be ready for sale on Youth Sunday, October 11 in the lobby

ATTENTION: Parents of Teenagers!!!!!!

Hurting Teens: Teen Mental Health Discussion for Parents (Luncheon)

Helping Parents Recognize, Respond & Support

September 27, Noon, Activity Center

See Event Section for Details.

SAVE THE DATE — NEW YEAR'S EVE

Youth will host our 2nd annual Fundraiser Dinner/Silent Auction on New Year's Eve, December 31. Any and all are invited for food, fellowship and festivities! Dinner (with take-out options) will begin at 6pm in the Student Ministry Building. Childcare provided 5:30-8pm. The menu will be published November 1. Reservations will be up and available Sunday, October 11.

CONNECT—STUDIES

Contact [JD Cunny](#) for any questions.

Sermon Recap Groups (click [HERE](#) for more info)

- Sunday mornings following the 8:30 service in the Grace Place meeting room (kids wing). Men & Women
- Men's group. Wednesdays, 6pm, Church Office, Pastor's office

Tuesday Morning Ladies Group - Armor of God

Tuesdays, Oct 27- Dec 15, 10-11:30am, Activity Center

(No class week of Thanksgiving); Cost: \$20

Facilitators: Martha Cochenour & Cassey Browning

All day, every day, an invisible war rages around you — unseen, unheard, yet felt throughout every aspect of your life. A devoted, devilish enemy seeks to wreak havoc on everything that matters to you: your heart, your mind, your marriage, your children, your relationships, your resilience, your dreams, your destiny.

But his battle plan depends on catching you unaware and unarmed. If you're tired of being pushed around and caught with your guard down, this study is for you.

The enemy always fails miserably when he meets a woman dressed for the occasion. The Armor of God, more than merely a biblical description of the believer's inventory, is an action plan for putting it on and developing a personalized strategy to secure victory. Register [Here](#)

Click [HERE](#) for details of ON-GOING GROUPS

-Upper Room (Women) **Oct 7 & 21**

-By Hook, Needle & Craft (Women/Men) **Oct 8 & 22**

-Men's Fellowship Lunch (Men) 1st Thursdays, **Oct 1**

-Women's Lunch (Women) 2nd Thursdays, **Oct 8**

-Mama Meetups, click [HERE](#) for more info, **Fridays, 9-10am**

EVENTS

Hurting Teens: A Teen Mental Health Discussion for Parents (Luncheon) **September 27, Noon, Activity Center** *Helping Parents Recognize, Respond & Support*



Our Mental Health Team is hosting an important discussion for all interested parents focused on understanding and responding to mental health struggles in adolescents. Come be informed. Come be prepared. Come learn how to be there when your teen needs you most.

From a Christian perspective, we'll explore how faith, prayer, compassionate presence, and professional care can work together to bring hope and practical support to families.

Register [HERE](#).



Strong Roots: **A Parenting Conversation** **Sunday, October 18, noon-1:30pm** **Activity Center**

Childcare is available. Lunch will be provided for both adults and children.

This presentation is led by Rick Ralston, MS, LAC, NCC and Sarah J. Gibbons, MS LPC-S, RPT-S.

For more details and to register, click [HERE](#).



Trunk or Treat Time!!!! **Sunday, October 25** **4-6pm**

Trunk or treat is 1 month away! [Sign up now](#) to host a trunk or game at our annual community wide event!

Trunk or Treat Candy Donations

We will have containers in the lobby for candy donations. We assist the families hosting a "trunk" with these donations. We will also accept funds and buy additional candy...mark your donation with Trunk or Treat Candy.



For King and Kingdom Men's Retreat **November 11-15**

Full details and to get more information click [HERE](#).

SERVE

Contact [Michelle Thomas](#) for more information on local mission efforts.
Contact [Kathleen Halliburton](#) for more information on mission efforts outside of our community.

Blood Drive, Sunday, October 11

If you have previously donated and would like an appointment during our drive, please contact Our [Blood Institute](#) to schedule.

To register for a time slot, click [HERE](#).

OBI will be at Grace from 8:30am–12:15pm. Stay hydrated!



Heart to Heart Pregnancy Center

Thank you so much for your generosity in the recent focus upon Heart to Heart's mission! The picture contains just a sampling of your heart for giving! !



Heart to Heart is happy to receive gently used clothing in sizes up to 5T and items such as baby beds, car seats, high chairs and bouncers. This organization is located at 417 S 16th Street. If you have any questions, please feel free to reach out to Debbie Goux at 479-459-3339.

October Serve Opportunities

Are you looking for something to do in October to serve our neighbors in need? Contact our Liaisons with links from the webpage or contact [Michelle Thomas](#) for more information.



Sunday, October 11, 8:30am–12:15pm
Blood Drive at Grace!



Tuesday, October 13, 4-7pm
Riverview Hope Campus meal prep and serving!



Thursday, October 15, 4:30–6pm
Community Rescue Mission meal prep and serving!



Sunday, October 18-26
Grace Community Church—Feed the Multitude!



Thursday, October 29, 2-4:30pm
Ronald McDonald House meal prep!

Thank you, Grace Community Church family!

Your love and support for our community are dearly appreciated by our Local Missions and other organizations with which we share God's love and light. Be sure to visit our [website](#) to see more and get connected with the busy church liaisons. [Grace Serve Team 2026](#).



Nicaragua Mission Trips
Set for 2027—4 Trips

Team 2 is already FULL!

See details and remaining dates [HERE](#).

PRAYER

If you have prayer needs,
please submit request [HERE](#).



Community & World

Unsaved
United States
Countries in Turmoil
All Military
Foster and Adoptive Parents
Victims of Violence
Weather Disaster Victims
Victims of Earthquake Disasters
Eight Days of Hope Ministry
Those who are sick
Those struggling w/mental illness & addictions
Those struggling with grief
Christians in Nigeria
Those struggling with job layoffs

Grace Families

Ken McClain
Rusty Jones
Milo Moore, newborn
Cindy Hughes

Grace Friends

Lilly Cameron & family Ryan, Alex, & Noah
Sam Settle's mother
Rocky Burriss' mother
David West
Mark & Ginger Nichols
Jane Smith
Robert Grimm
Dian Sharp and daughter Aria
Lucy Davidson
Melanie Sharp

Deployed

Dustin Flaspohler and family Charlie and Gus

Sympathies

Brandon and Jackie Morrison
(death of Brandon's grandmother)

MENTAL HEALTH MINISTRY

Contact [Rick](#) for more information.



Meet Our Team

Mental Health Resources

Mental Health Page

Teen Mental Health Discussion for Parents (Luncheon)
September 27, Noon, Activity Center — SEE EVENT SECTION

Grace Community Church

4001 Brooken Hill Dr. / Fort Smith, AR 72908 / 479.646.1177

Email: contact@gracefs.com / Office Hours: 9-5 Monday-Thursday

Website: www.gracefs.com

*Grace Community Church exists for the glory of God,
to make visible the kingdom of God, and
to declare the grace of God to all the world.*